## CHALLENGING THE NOTION OF "WORK HARD, PLAY HARD"

An Interactive Conversation on Mindfulness at Work with Rudhir Krishtel



Thursday, February 4, 2021 2:30pm - 3:30pm PT

> *CLE CREDIT AVAILABLE* CLICK <u>HERE</u> TO REGISTER





CO-HOSTED BY SABA-SC AND SABA-PIF